



Five-Day Test Preparation Plan

Name: _____ Date: _____

You should begin studying for a test five days before the test. Follow this five-day plan to get high scores on your tests. Each day gets you more ready for the test. Here is what you should do on each of the five days, make sure to create your own headings for each of the five days.

Day 4: Use the remembering strategies to help you remember information you identified.

Day 5: Read your textbook notes and class notes. Also look at any handouts your teacher has given you. Highlight the information in your notes and handouts that you must know and remember for the test.

Day 3: Rewrite the information in a brief form using the fewest words you can. Use abbreviations and symbols wherever possible. Use the remembering strategies to review your rewritten notes at least twice on this day.

Day 2: Think of questions your teacher might ask you on the test. Write each question and its answer.

Day 1: This is the day you take your test. Review your rewritten notes from Day 3. Also reivew the questions and answers you prepared on Day 2. You can do this while eating breakfast or while riding to school. Just before the test, go over any information you have difficulty remembering.